

Name: \_\_\_\_\_

## Word Find

*Use your textbook to find these words and use them in a sentence.*

Examination of Conscience: \_\_\_\_\_  
\_\_\_\_\_

Penance: \_\_\_\_\_  
\_\_\_\_\_

Sorrow for sins: \_\_\_\_\_  
\_\_\_\_\_

Contrition: \_\_\_\_\_  
\_\_\_\_\_

Sacrament of Penance: \_\_\_\_\_  
\_\_\_\_\_

Forgiveness: \_\_\_\_\_  
\_\_\_\_\_

Grace: \_\_\_\_\_  
\_\_\_\_\_

Sacrament: \_\_\_\_\_  
\_\_\_\_\_

Sin: \_\_\_\_\_  
\_\_\_\_\_

Mortal Sin: \_\_\_\_\_  
\_\_\_\_\_

Venial Sin: \_\_\_\_\_  
\_\_\_\_\_



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## Confessing Our Sins

Steps to Confessing Sins	Give an example
1. Welcome and Sign of the Cross (Note: this may include reading a passage from Scripture.)	The Sign of the Cross is:
2. Tell the priest how long it has been since your last confession.	“Bless me father, for I have sinned. It has been _____ days/months since my last confession.”
3. Confess your sins.	An example of a mortal sin is:  An example of a venial sin is:
4. Receive your penance.	A penance may be some prayers, such as:  Or a work of charity, such as:
5. Say an act of contrition	Write out an act of contrition on a separate piece of paper.
6. Receive absolution from the priest.	“I absolve you from your sins in the Name of the Father and of the Son and of the Holy Spirit.”
7. Dismissal	“Your sins are forgiven. Go in peace to love and serve the Lord.”

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## Forgiving Sins

1. If you have hurt someone you love, what should you do?
  
2. What do we do in the Sacrament of Penance?
  
3. What are the five steps to a good confession?
  - 1.
  - 2.
  - 3.
  - 4.
  - 5.
4. What is contrition?
  
5. What is Penance?
  
6. What does it mean to say that the priest will absolve you?
  
7. What are the words of absolution?
  
8. What does Jesus give us in the Sacrament of Penance?