

Name: _____

Sacred Meals

**Meals are very important.
Jesus shared His last meal
with His Apostles.**



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1. Of what is a meal a sign?
 2. The Mass is a sacred meal.

What is eaten at this meal?

Of what is it a sign?

Why do we eat something offered to and received by God?

Does the Eucharist really nourish us? How?

With whom does the sharing of the sacred meal of the Mass unite us?

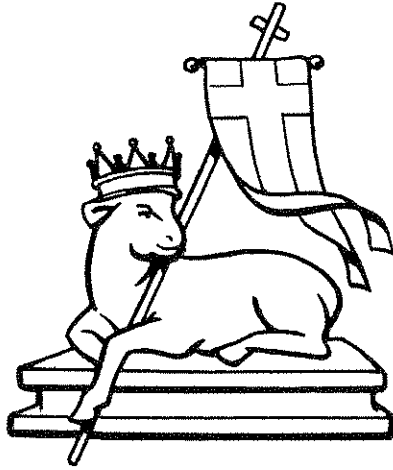
3. With whom do you normally share meals? How is the Mass a meal shared with your eternal family?

Name: _____

Jesus, the Lamb of God

Fill in the blanks.

In the _____
_____, people also
offered gifts of value to God. A
_____ and his family
might offer a _____.
The shepherd placed his lamb on
an _____ and killed
it. This was a sign that his gift
was _____ offered to God. But something else was
needed to complete the act of _____. The shepherd and
his family sat together and _____ the lamb as a sacred
_____. This was an important sign of their
_____ with God. They wanted to be _____
to Him by _____ something that had been
_____ and God had _____. Under the New
_____, we lift up the _____
_____. Then we share in this _____ gift by
_____ God's own Son in Holy _____. The
priest holds Him before us and says, "_____
_____."
We look at Jesus and answer, "_____
_____."
Sharing this sacred banquet unites us in friendship with the Father.
It also binds all of us together as one family.



Name: _____

Bread From Heaven

Jesus said to them, “I am the bread of life; he who comes to me shall not hunger, and he who believes in me shall never thirst. . . . I am the living bread which came down from heaven; if any one eats of this bread, he will live for ever; and the bread of which I shall give for the life of the world is my flesh” (Jn 6:35, 51–56).

1. When Jesus told us that He is the Bread of Life, was He speaking in riddles?
2. How did Jesus give us His Flesh and Blood?
3. What are the rewards for eating His Body and Blood?
4. If we eat the Bread of Life, will our souls be hungry again?
5. Jesus says He is the Bread come down from Heaven. How did Jesus come from Heaven?

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The Mass Is the Perfect Prayer

In the chart below, write out the parts of the Mass that correspond to the different forms of prayer.

<p>Blessing and Adoration</p> <ul style="list-style-type: none">• For God's gifts, and in receiving them• We honor God, our King	<p>Petition and Intercession</p> <ul style="list-style-type: none">• We pray for our needs, and the needs of others
<p>Thanksgiving</p> <ul style="list-style-type: none">• We thank God for His many gifts• "Eucharist" means thanksgiving	<p>Praise</p> <ul style="list-style-type: none">• We recognize God and His attributes

How is the Mass the perfect prayer?