

Name: \_\_\_\_\_

If you were going on a trip, you would get ready and pack everything you need. You need to get ready for Confession! What kind of things would you “pack” to take with you into the Sacrament of Penance?

Draw lines connecting what you would take with you to Confession to the suitcase.

Accidentally spilled cereal

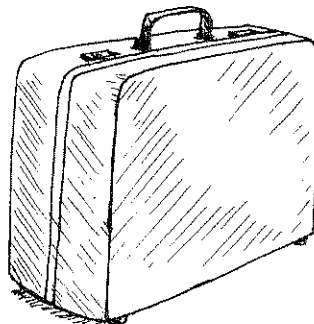
Lied to my Mother

Hit my brother

Forgot to feed the cat

Sneezed at  
Mass

Disobeyed  
my Father



Cheated on a test

Stole a candy bar

Was very angry about  
something silly

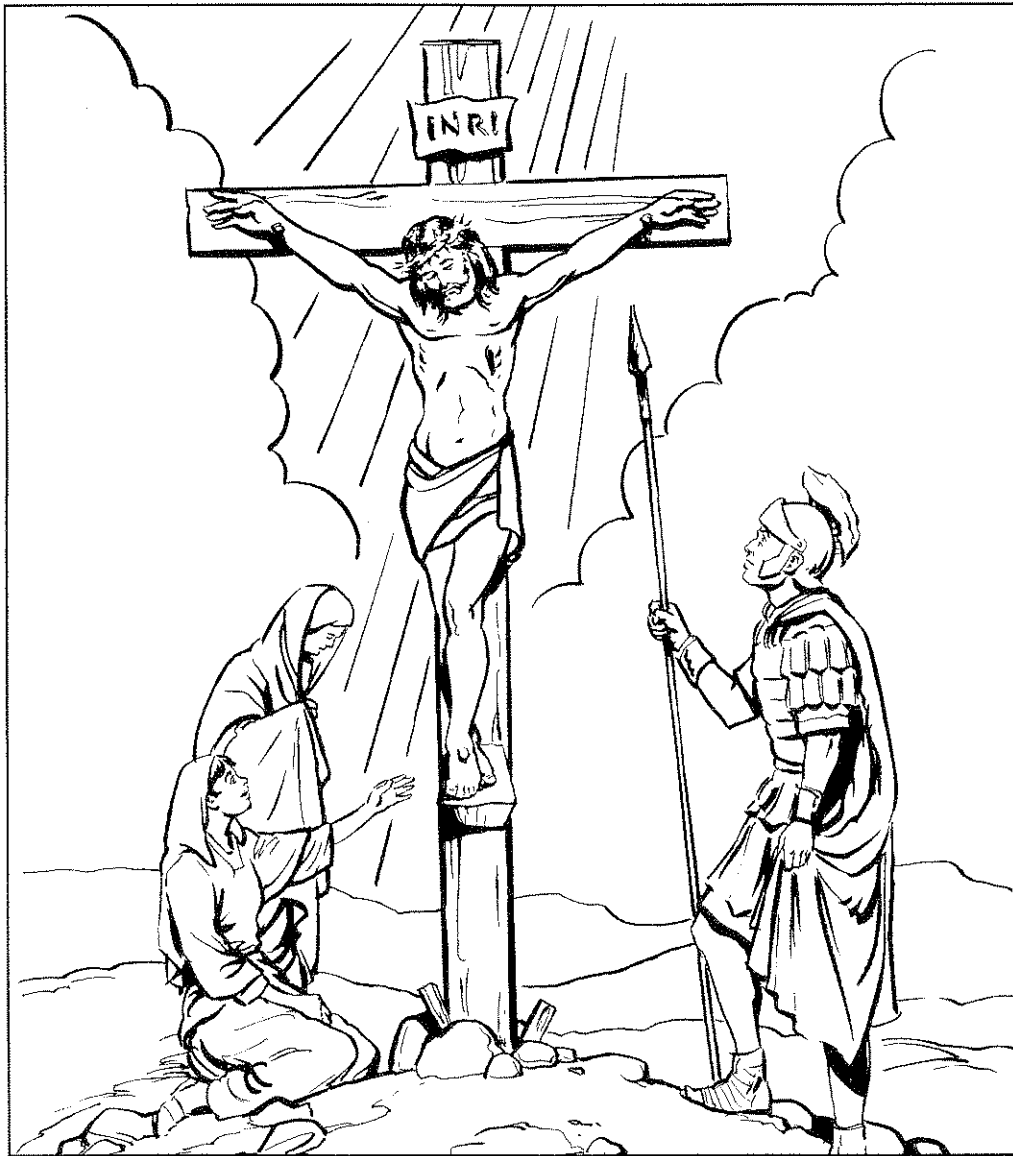
Destroyed someone's  
work on purpose

Swallowed bubble gum

Was mean to a boy/girl

Name: \_\_\_\_\_

**I'm sorry for my sins, O God.  
Forgive me, a sinner.**



Name: \_\_\_\_\_

**Answer the following questions.**

1. What are the five steps to a good Confession?

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

2. What is a penance?

\_\_\_\_\_

\_\_\_\_\_

3. What are the effects of the Sacrament of Penance?

\_\_\_\_\_

\_\_\_\_\_

Name: \_\_\_\_\_

# Word Search

SACRAMENT	REMEMBER SINS	CONTRITION
HOLY	ABSOLVE	GOOD DEED
FORGIVE	SON	FRIENDSHIP
FATHER	CONFESSIONS	MERCY
PENANCE	SORROW FOR SINS	SIN

R E M E M B E R S I N S  
C O N T R I T I O N F A  
O M E R C Y T E E P R C  
N E L T E U X L M E I R  
F O R G I V E S B N E A  
E C E S U L E X E A N M  
S F A T H E R N R N D E  
S I N E A A R Y A C S N  
I E H O L Y S P I E H T  
O A B S O L V E R M I S  
N G O O D D E E D X P O  
S O R R O W F O R S I N