



April is Alcohol Awareness Month

Please take time in supporting anyone you know that may need your guidance and support as it relates to alcohol and drug abuse. Take a moment to see if you can make a difference in someone's life during April which is Alcohol Awareness Month.

Alcohol-related problems are such a serious problem in our country, the entire month of April is designated as Alcohol Awareness Month. The purpose is to **educate people, schools and communities about the serious consequences of alcohol abuse**. It is estimated that over 18 million Americans suffer from alcohol abuse, and further devastate the lives of family members, co-workers and those who live in the community.

Particularly heartbreaking and disturbing are the numbers of young people who abuse alcohol. Community Anti-Drug Coalitions of America (CADCA) reports that there are nearly 11 million underage drinkers these days.

Online Resources

For more information and resources visit
RecoverGateway.org/Alcohol-Awareness

As reported by Psychology Today, the National Epidemiological Survey on Alcohol and Related Conditions states that only 25% of alcoholics ever receive treatment. If you see a family member, student, colleague or member of your place of worship who seems to be abusing alcohol or drugs, April is a great time to get a conversation started with them.